

PRIMERA JORNADA Martes 21 de octubre

HORA	Sub 14		Sub 16		Sub 18		HORA
	Mujeres	Varones	Mujeres	Varones	Mujeres	Varones	
8:00							8:00
8:15							8:15
8:20							8:20
8:25							8:25
8:30	80 c/v Tetra	Bala (G 1 y2)			Jabalina (f) *		8:30
8:35							8:35
8:40							8:40
8:45							8:45
8:50							8:50
8:55							8:55
9:00	80 c/v (s)						9:00
9:05							9:05
9:10							9:10
9:15							9:15
9:20							9:20
9:25							9:25
9:30	Largo Tetra (G 1)	80 c/v Hexa					9:30
9:35							9:35
9:40							9:40
9:45							9:45
9:50							9:50
9:55							9:55
10:00		80 c/v (s)					10:00
10:05							10:05
10:10		Largo Hexa (G1)					10:10
10:15							10:15
10:20							10:20
10:25							10:25
10:30			100 c/v (s)				10:30
10:35							10:35
10:40							10:40
10:45						Jabalina (f) *	10:45
10:50				100 c/v (s)			10:50
10:55							10:55
11:00	Largo Tetra (G 2)				Bala (f)	Bala (f)	11:00
11:05							11:05
11:10					100 c/v (s)		11:10
11:15							11:15
11:20							11:20
11:25							11:25
11:30						110 c/v (s)	11:30
11:35							11:35
11:40	80 c/v (f)						11:40
11:45		Largo Hexa (G2)					11:45
11:50		80 c/v (f)					11:50
11:55							11:55
12:00			100 c/v (f)	Jabalina (f) *			12:00
12:05							12:05
12:10				100 c/v (f)			12:10
12:15							12:15
12:20					100 c/v (f)		12:20

12:25							12:25
12:30						110 c/v F	12:30
12:35							12:35
12:40							12:40
12:45							12:45
12:50	80 m (s)						12:50
12:55							12:55
13:00							13:00
13:05							13:05
13:10							13:10
13:15							13:15
13:20		80 m (s)					13:20
13:25							13:25
13:30							13:30

SEGUNDA JORNADA							
HORA	Sub 14		Sub 16		Sub 18		HORA
	Mujeres	Varones	Mujeres	Varones	Mujeres	Varones	
8:00							8:00
8:15							8:15
8:20							8:20
8:25							8:25
8:30	Alto (G 1 y 2) Bala Tetra (G 1 y 2) Disco (G1)	Jabalina (G 1) *	100 m (s)		Largo (f)	Largo (f)	8:30
8:35							8:35
8:40							8:40
8:45							8:45
8:50							8:50
8:55							8:55
9:00				100 m (s)			9:00
9:05							9:05
9:10							9:10
9:15							9:15
9:20							9:20
9:25							9:25
9:30					100 m (s)		9:30
9:35							9:35
9:40							9:40
9:45							9:45
9:50							9:50
9:55							9:55
10:00	Disco (G2)					100 m (s)	10:00
10:05							10:05
10:10							10:10
10:15							10:15
10:20							10:20
10:25							10:25
10:30	Bala (G1)	Bala (f)	Largo (f)	Largo (f)	Alto (f)	3000 m (fxt) Alto (f)	10:30
10:35							10:35
10:40							10:40
10:45							10:45
10:50							10:50
10:55							10:55
11:00					3000 m (fxt)		11:00

11:05							11:05
11:10							11:10
11:15		Jabalina (G 2) *					11:15
11:20							11:20
11:25							11:25
11:30			Disco (f)	2000 m (fxt)			11:30
11:35							11:35
11:40							11:40
11:45							11:45
11:50							11:50
11:55							11:55
12:00	Bala (G2)		2000 m (fxt)				12:00
12:05							12:05
12:10							12:10
12:15							12:15
12:20							12:20
12:25							12:25
12:30							12:30
12:35	80 m (f)						12:35
12:40							12:40
12:45		80 m (f)					12:45
12:50							12:50
12:55			100 m (f)				12:55
13:00							13:00
13:05				100 m (f)			13:05
13:10							13:10
13:15					100 m (f)		13:15
13:20							13:20
13:25						100 m (f)	13:25
13:30							13:30

TERCERA JORNADA							
HORA	Sub 14		Sub 16		Sub 18		HORA
	Mujeres	Varones	Mujeres	Varones	Mujeres	Varones	
8:00							8:00
8:15							8:15
8:20							8:20
8:25							8:25
8:30	Alto Tetra (G 1 y2) Jabalina (G 1) * Largo (G1)	2000 m (fxt) Bala Hexa (G1y2) Largo (G1) Disco (G 1)					8:30
8:35							8:35
8:40							8:40
8:45							8:45
8:50							8:50
8:55							8:55
9:00	2000 (fxt)						9:00
9:05							9:05
9:10							9:10
9:15							9:15
9:20							9:20
9:25							9:25
9:30						400 m (s)	9:30
9:35							9:35
9:40							9:40

9:45							9:45
9:50					400 m (s)		9:50
9:55							9:55
10:00		Disco (G 2)					10:00
10:05							10:05
10:10				300 m (s)			10:10
10:15	Jabalina (G 2) *						10:15
10:20							10:20
10:25							10:25
10:30	Largo (G2) Bala (f)	Largo (G2) Alto Hexa (G1 y2)	300 m (s) Bala (f)				10:30
10:35							10:35
10:40							10:40
10:45							10:45
10:50							10:50
10:55							10:55
11:00		150 m (s)					11:00
11:05							11:05
11:10							11:10
11:15							11:15
11:20							11:20
11:25							11:25
11:30	150 m (s)			Disco (f)			11:30
11:35							11:35
11:40							11:40
11:45							11:45
11:50							11:50
11:55							11:55
12:00							12:00
12:05							12:05
12:10							12:10
12:15							12:15
12:20							12:20
12:25							12:25
12:30							12:30
12:35							12:35
12:40							12:40
12:45							12:45
12:50							12:50
12:55							12:55
13:00							13:00
13:05							13:05
13:10							13:10
13:15							13:15
13:20							13:20
13:25							13:25
13:30							13:30

CUARTA JORNADA							
HORA	Sub 14		Sub 16		Sub 18		HORA
	Mujeres	Varones	Mujeres	Varones	Mujeres	Varones	
8:00							8:00
8:15							8:15
8:20							8:20
8:25							8:25
8:30	Largo (f)	Jabalina Hexa *(G1	Alto (f)	Alto (f)		1500 m (fxt)	8:30

	Disco (f)	Largo (f)		Bala (f)			
8:35							8:35
8:40							8:40
8:45					1500 m (fxt)		8:45
8:50							8:50
8:55							8:55
9:00				1500 m (fxt)			9:00
9:05							9:05
9:10							9:10
9:15			1200 m (fxt)				9:15
9:20							9:20
9:25							9:25
9:30		1200 m (fxt)					9:30
9:35							9:35
9:40							9:40
9:45							9:45
9:50							9:50
9:55	1200 m (fxt)						9:55
10:00		Disco (f)					10:00
10:05							10:05
10:10							10:10
10:15	Jabalina Hexa* (G2)						10:15
10:20						400 m (f)	10:20
10:25							10:25
10:30		Alto (G1 y G2)			400 m (f)	Triple (f)	10:30
					Triple (f)		
10:35							10:35
10:40				300 (f)			10:40
10:45							10:45
10:50			300 (f)				10:50
10:55							10:55
11:00		150 (f)					11:00
11:05							11:05
11:10	150 (f)						11:10
11:15							11:15
11:20							11:20
11:25							11:25
11:30						Disco (f)	11:30
11:35							11:35
11:40							11:40
11:45							11:45
11:50							11:50
11:55							11:55
12:00							12:00
12:05							12:05
12:10							12:10
12:15	Alto (f)	Jabalina (f) *					12:15
12:20							12:20
12:25							12:25
12:30							12:30
12:35							12:35
12:40							12:40
12:45							12:45
12:50							12:50
12:55							12:55
13:00							13:00
13:05							13:05
13:10							13:10

13:15							13:15
13:20							13:20
13:25							13:25
13:30							13:30

QUINTA JORNADA							
HORA	Sub 14		Sub 16		Sub 18		HORA
	Mujeres	Varones	Mujeres	Varones	Mujeres	Varones	
8:00							8:00
8:15							8:15
8:20							8:20
8:25							8:25
8:30	Jabalina (f) *	Alto (f)			Disco (f)		8:30
8:35							8:35
8:40							8:40
8:45							8:45
8:50							8:50
8:55							8:55
9:00		800 m Hexa					9:00
9:05							9:05
9:10							9:10
9:15							9:15
9:20							9:20
9:25							9:25
9:30	5 x 80 m (fxt)						9:30
9:35							9:35
9:40							9:40
9:45							9:45
9:50							9:50
9:55							9:55
10:00		5 x 80 m (fxt)	Jabalina (f) *				10:00
10:05							10:05
10:10							10:10
10:15							10:15
10:20							10:20
10:25							10:25
10:30			4 x100 m (fxt)				10:30
10:35							10:35
10:40							10:40
10:45							10:45
10:50							10:50
10:55							10:55
11:00				4 x 100 m (fxt)			11:00
11:05							11:05
11:10							11:10
11:15							11:15
11:20							11:20
11:25							11:25
11:30					4 x 100 m (fx)		11:30
11:35							11:35
11:40							11:40
11:45							11:45
11:50							11:50
11:55							11:55
12:00						4 x 100 m (fxt)	12:00
12:05							12:05

12:10							12:10
12:15							12:15
12:20							12:20
12:25							12:25
12:30							12:30
12:35							12:35
12:40							12:40
12:45							12:45
12:50							12:50
12:55							12:55
13:00							13:00
13:05							13:05
13:10							13:10
13:15							13:15
13:20							13:20
13:25							13:25
13:30							13:30

* Las pruebas de Jabalina se desarrollarán en el Campo de Deportes del Club San Jose
(distante 100 m. del Estadio)

